

Emory Overnights Information

Friday Drop Off:

Track- Our track athletes have events on Friday. Coordinate with Coach Debbie on meeting, getting your stuff to the dorms.

Flag Football- Coach Leah will be at Harris Hall to receive Flag Football overnight athletes between 3 and 5 pm. There is a driveway in front of Harris Hall for drop off. Harris Hall is located at 1340 Clifton Road, Atlanta 30322. If the driveway is full, there is a visitor lot on the opposite side of Clifton Road.

Swimming- Coach Deborah hopes to be at Emory by 4 pm. Plan on meeting her (or Coach Bray) at Harris Hall between 4 and 5:30 pm. There is a driveway in front of Harris Hall for drop off. Harris Hall is located at 1340 Clifton Road, Atlanta 30322. If the driveway is full, there is a visitor lot Gambrell Parking Deck on the opposite side of Clifton Road.

No cheerleaders or long-distance runners are spending the night.

Volunteers and coaches spending the night: The closest visitor parking lot to Harris Hall is opposite the dorm on Clifton Rd. That's the best place to park on Friday evening. The address for the Gambrell Parking Deck is **1705 Gambrell Drive, Atlanta, 30322**

We'll attempt to bring all of the overnights' stuff to the Peavine parking lot so we don't have to return to the dorm after games.

Packing

All overnights should bring toiletries, sleeping clothes, towels, a pillow, bed linens (or sleeping bag), shower shoes/slippers, sunscreen, **MEDICATIONS** and **INSTRUCTIONS** for those who take meds. We will make sure to have extra toilet paper/paper towels/hand soap.

Sports specific info...

Flag Football- bring your uniform shirt, black shorts without pockets and mouth guard, your shoes/cleats (Coach Leah will have extras)

Long distance/Track- pack your new Special K's track uniforms. If you don't have one yet, please reach out to your coach.

Swimming- suits and swim caps

Cheer- We do not have any cheerleaders spending the night

We will distribute the t-shirts we'll all wear to Opening Ceremonies on Friday (for those in attendance) or Saturday if not attending Opening.